

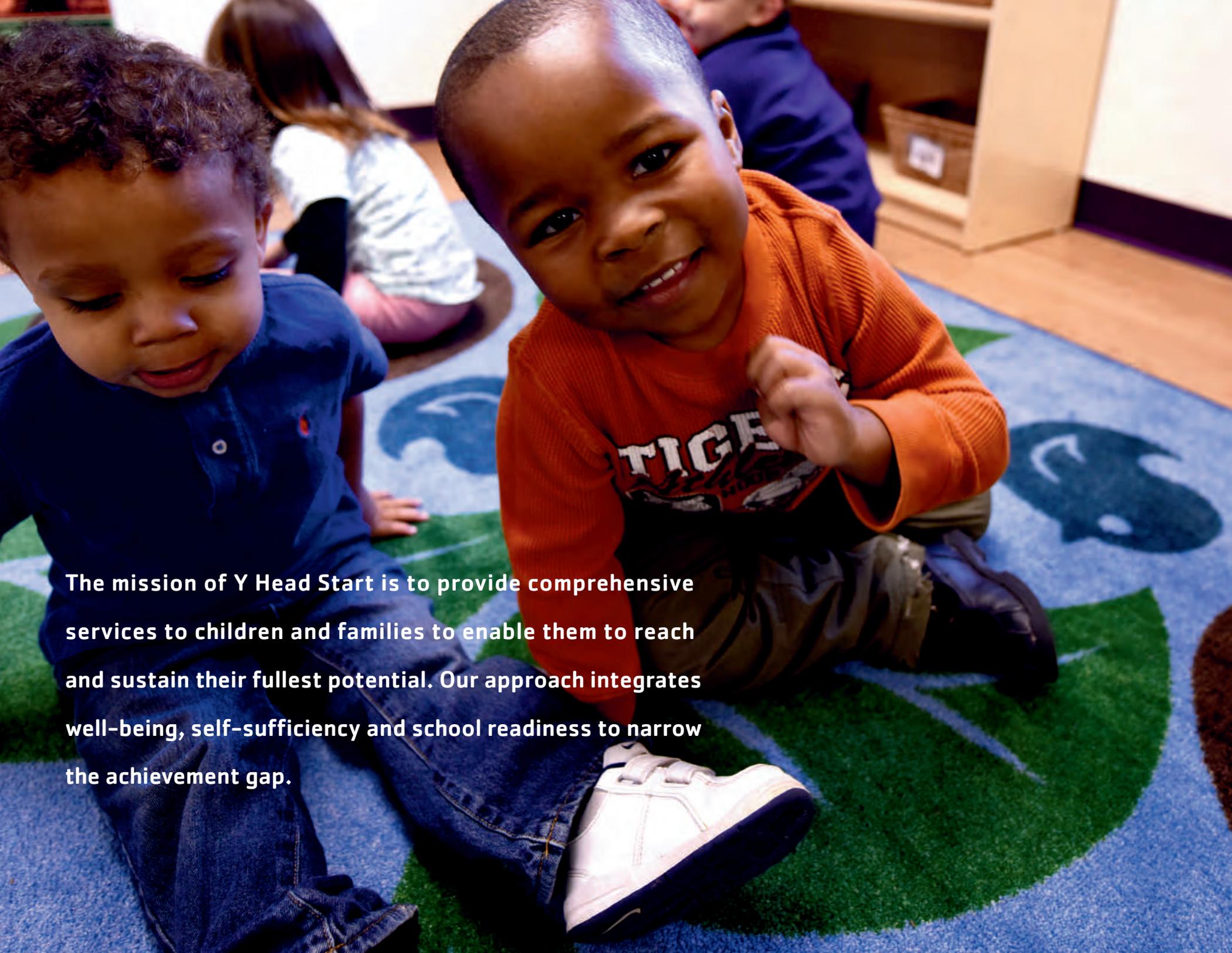


Head Start Early Head Start

COMMUNITY REPORT 2016/17



Investing in a Stronger Tomorrow.



The mission of Y Head Start is to provide comprehensive services to children and families to enable them to reach and sustain their fullest potential. Our approach integrates well-being, self-sufficiency and school readiness to narrow the achievement gap.

Dear Friends,

Given the lifelong reach of a strong early childhood education, it’s hard to imagine a better investment than Head Start. This is why for over 30 years the Y in Central Maryland has been committed to Head Start, ensuring that the vulnerable children and families we serve are well-poised and supported for success in school and life.

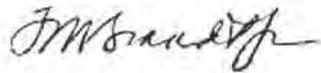
We are proud to be the largest provider of Head Start in Maryland, delivering an exceptional program to more than 1,700 children and families throughout Baltimore City and Anne Arundel and Baltimore Counties. As large and well-established as we are, however, we will never sit still or rest on our laurels. The precious and promising children we serve deserve every ounce of energy, care and intelligence we have.

Over the past year we accomplished:

- The full renovation of the now state-of-the-art Fayette Street Head Start Center in Baltimore City, operated on the UA Living Classrooms Campus at Fayette, an East Baltimore Community center, serving 60 children and families from the surrounding neighborhood.
- The program-wide implementation of the Social Emotional Foundations of Early Learning framework in all Y Head Start classrooms.
- The addition of I Am Moving, I Am Learning, an innovative curriculum integrating movement and nutrition education into the daily classroom program.
- Our CLASS scores, an observation instrument that assesses the quality of teacher-child interactions in preschool classrooms, exceeded the national average by 9.8% in instructional support, among other areas.
- Investment in high-quality professional development and learning through our second annual Summer and Winter Early Learning Institutes.

All of this would not be possible without thoughtful collaboration among our associates, parents, community partners, funders and volunteers. We are deeply grateful to you for your commitment.

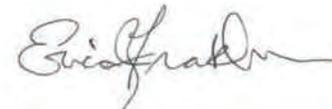
All the best,



Tom Brandt
Board Chair
The Y in Central Maryland



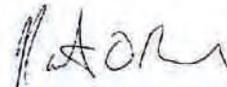
John K. Hoey
President & CEO
The Y in Central Maryland



Erica Franklin
Policy Council Chair



Crystal Jenkins
Baltimore City Policy Council



Nanette O’Neal
Baltimore County Policy Council



Kevin Bowser
Anne Arundel County Policy Council

Services and Program Options

It's our vision to ensure that every child develops the skills and abilities necessary for them to succeed in school and in life. In order to achieve this, we offer a comprehensive range of services and programs specifically tailored to help children perform at or above all assessed children in the state relative to school readiness measures.

Y Early Head Start

Y Early Head Start works with families to help prepare their children in all developmental areas for the transition to Y Head Start and eventually kindergarten. Y Early Head Start offers two options for families; a home-based program for pregnant mothers and children up to three years old and a center-based program.

Y Head Start

Y Head Start is available to children between three and five years old and is heavily focused on supporting each child's development and domain related school readiness. Program components include language and literacy, reading, writing, math, social skills, health and wellness, movement and coordination, art, and nutritional awareness.

Y Head Start in Anne Arundel County

Head Start programming in Anne Arundel County includes a public school and Head Start partnership. In this model, 100 Y Head Start children are dually enrolled in Anne Arundel County Public School preK and Y Head Start. Y Head Start children attend preK programming in the following Anne Arundel County Public Schools: Van Bokkelen Elementary, Georgetown East Elementary, Belle Grove Elementary, Meade Heights Elementary, Mills Parole Elementary, Tyler Heights Elementary, and Eastport Elementary. Y Head Start children receive academic services via AACPS and nutritional, health and family services via Y Head Start.

In 2016/17:

- We provided Y Head Start to 1,753 children in Anne Arundel and Baltimore Counties and Baltimore City.
- We provided Y Early Head Start services to 169 infants, toddlers and pregnant women in Anne Arundel and Baltimore Counties.

■ Y Head Start Offices ● Y Head Start Centers





Setting Children and Families Up for Success

Our program focuses on school readiness, which refers to strengthening a child's ability to benefit from school, and plays a unique role in helping children escape the effects of poverty.

Y Head Start and Early Head Start follow research-based curriculums that provide teachers with guided lesson formats. This approach supports individualized learning as well as opportunities to scaffold activities that help foster each child's educational needs.

- Y Head Start uses the innovative **Creative Curriculum and Frog Street Curriculum** (math and science supplemental curriculum) which involves individualized lesson plans based on classroom ages and student levels.
- The Y Early Head Start home-based program uses the nationally recognized **Partners for a Healthy Baby** curriculum which helps expectant and parenting families achieve personal goals and build protective factors for the well-being of their children.
- **The Pyramid Model** builds upon a tiered public health approach to providing universal supports to all children to promote wellness, targeted services to those who need more support, and intensive services to those who need them. All Y Head Start classroom environments and teaching practices are based on the Pyramid Model.

The Pyramid Model for Supporting Social Emotional Competence in Infants and Young Children is a conceptual framework of evidence-based practices developed by two national, federally-funded research and training centers: The Center for the Social and Emotional Foundations for Early Learning (CSEFEL) and Technical Assistance Center on Social Emotional Intervention (TACSEI).

These centers' faculty represent nationally recognized researchers and program developers in the areas of social skills and challenging behavior. Based on evaluation data over the last eight years, the Pyramid Model has shown to be a sound framework for early care and education systems.

- **Social and Emotional Foundations for Early Learning (SEFEL)** is a framework that promotes the social and emotional development and school readiness of young children from birth through age eight.

Each Y Head Start region has formed a SEFEL team. In addition to regional SEFEL teams, a program-wide SEFEL team has also been formed. Both teams meet monthly.

Through supplemental funding from the Harry and Jeanette Weinberg Foundation and PNC Bank, teaching associates and mentor coaches receive support services from a SEFEL coach. SEFEL Coaches provide ongoing coaching to teachers and assistant teachers related to SEFEL and pyramid-based teaching practices and classroom environments.

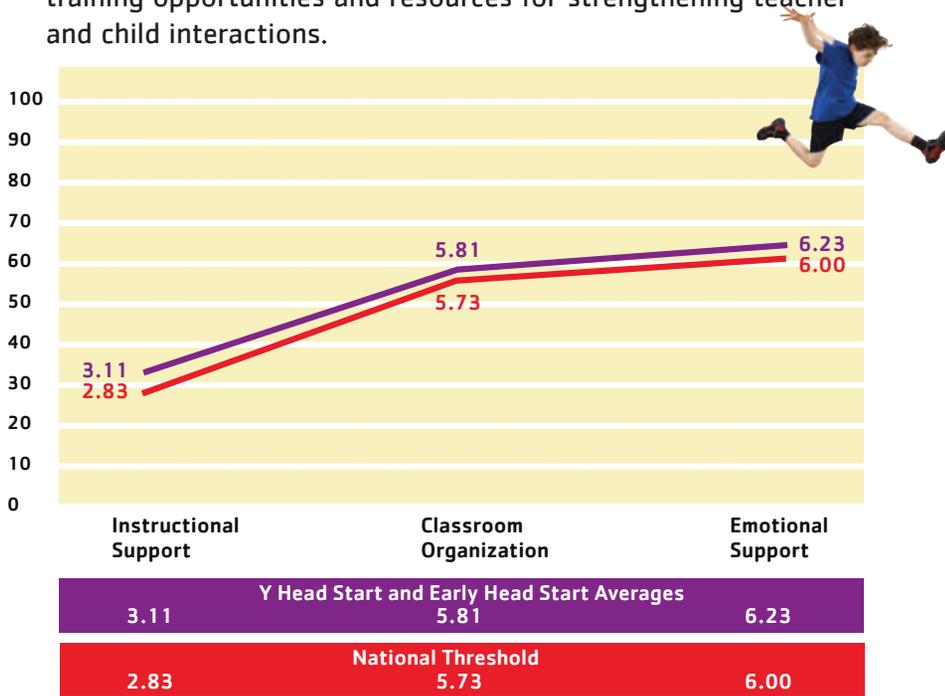
- **Communities of Learning & Communities of Practice** In order to promote a culture of learning, high-quality programming, peer support and best practices, communities of learning and communities of practice have been formed in the following areas: Associate Wellness, Child Safety, Teaching Practices, Family Engagement, Learning & Professional Development, and Family Support Practices. Communities of Learning and Practice also assist in informing ongoing program planning. Y Head Start associates participate in these communities on a monthly basis, with the exception of Teaching Practices, who meet quarterly.

"My daughter attended here two years and this is our second home. I feel always welcomed and I love the staff. She learned so much! Thank you for all your hard work and dedication."

– Y Baltimore County Head Start Parent

CLASS Assessments

To ensure high quality classrooms, we utilize the Classroom Assessment Scoring System™ (CLASS™). CLASS is an observational instrument developed at the Center for Advanced Study of Teaching and Learning, Curry School of Education to assess classroom quality in PK-12 classrooms. CLASS measures teacher/child interactions and the emotional and instructional climate of the classroom. The 2016/17 results (below) were used to support professional development plans for associates, including training opportunities and resources for strengthening teacher and child interactions.

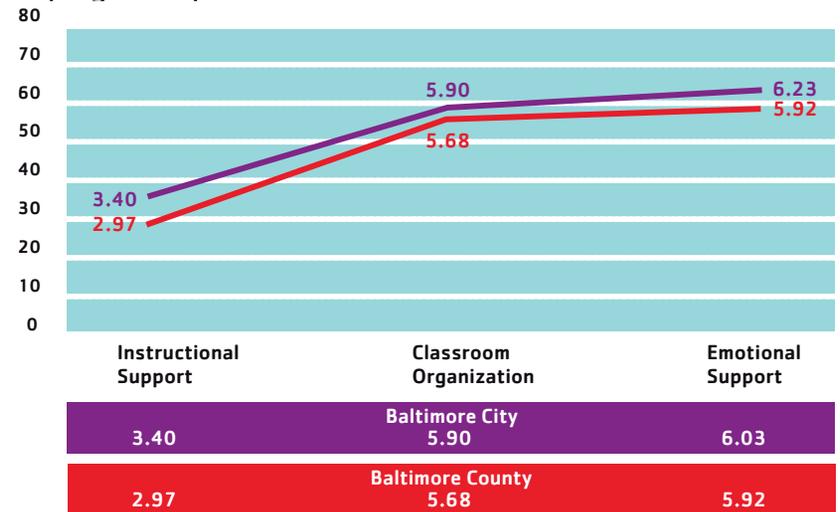


CLASS assessments were conducted quarterly in all Y in Central Maryland Head Start classrooms by certified CLASS reliable observers affiliated with LiteBrite Training and Consulting and School Readiness Consulting, LLC.



Federal Monitoring Events and Results

Head Start monitoring reviews are performed and utilized by the Office of Head Start (OHS) to gather data and other information to assess grantee program operation and performance. OHS utilizes the information collected during monitoring reviews to understand the grantee’s approach to program design and services. The information is also utilized to evaluate their performance and continuous program improvement.



*Due to the release of the new Head Start Monitoring Protocol tool, Anne Arundel County Head Start did not have a federal review.

Fiscal/ERSEA (Eligibility, Recruitment, Selection, Enrollment & Attendance) Results

Baltimore City Based on the information gathered, no area of noncompliance was found during the course of the review. No corrective action plan needed.

Baltimore County Based on the information gathered, no area of noncompliance was found during the course of the review. No corrective action plan needed.

Comprehensive Services/School Readiness Results

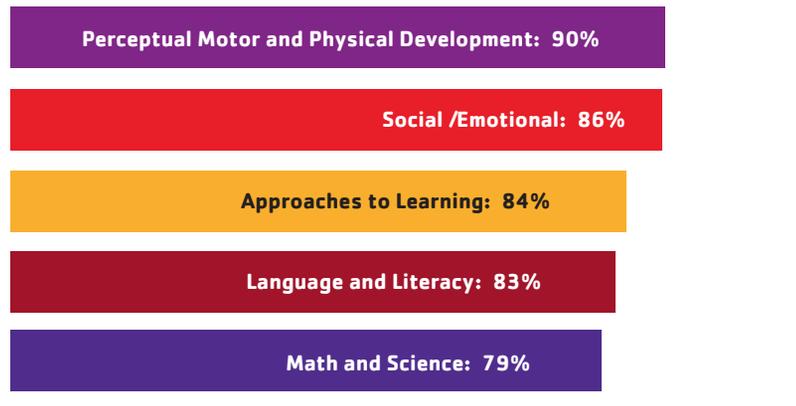
Baltimore City Based on the information gathered, no area of noncompliance was found during the course of the review. No correction action plan needed.

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As well as CLASS assessments, Y Head Start utilizes two additional child assessment tools. In Baltimore City, a Work Sampling Assessment is used to conduct ongoing child assessments three times during the school year. In Anne Arundel and Baltimore County Early Head Start & Head Start, the Creative Curriculum GOLD is used to conduct ongoing child assessments three times during the school year.

Child Outcomes

- **88% of Y Head Start three year olds demonstrated proficiency in social-emotional approaches to learning domains.**
Three year olds demonstrated +32% gain in proficiency, across learning domains.
- **84% of Y Head Start four year olds demonstrated proficiency in the five domains of learning.**



0% 10% 20% 30% 40% 50% 60% 70% 80% 90% 100%
Please note that due to a significant disproportion in Head Start children records as a result of unavailable child data, MSDE Kindergarten Readiness Scores have been omitted.

Children enrolled in Y Head Start and Early Head Start complete a developmental and social-emotional screening within 45 days of enrollment. Children also complete ongoing assessments on a quarterly basis, including:

- The Work Sampling System is a criterion-referenced observational assessment with extensive research supporting reliability and validity.

- The Devereux Early Childhood Assessment is a nationally standardized assessment of protective factors and a screener for behavioral concerns. The behavior rating scale includes a total of 37 items – 27 of which assess a child’s protective factors related to resilience (initiative, self-control and attachment) and 10 of which screen for behavior concerns.
- The Ages & Stages Questionnaire (ASQ-3) is a parent-completed questionnaire that reliably identifies children from one month to 5½ years with developmental delays.
- The Ages & Stages Questionnaire Social-Emotional (ASQ: SE-2) is a parent-completed questionnaire that reliably identifies young children at risk for social or emotional difficulties.
- Teaching Strategies GOLD® is a comprehensive, research-based assessment system that supports effective teaching and children’s development and learning.





Parent, Family and Community Engagement

Strong partnerships with parents, families and the community play a key role in a child's school readiness and healthy development. The Y Head Start Parent and Family Engagement goal is for Y Head Start families to demonstrate progress towards self-sufficiency, as they access family and community resources and are active in their child's education to prepare them for success in life.

Parent & Family Engagement

Y Head Start and Early Head Start encourages the role of parents as their child's first and most important teacher. We understand that children benefit the most when all of the adults who care for them work together toward positive outcomes.

- Through the volunteer campaign, there were 478 parents volunteering in Baltimore City, 440 parents volunteering in Baltimore County and 127 parents volunteering in Anne Arundel County. There was a total of 218 father/male figures volunteering in male involvement activities.
- Prior to the start of the school year, a 'Journey to School Readiness' conference was held for parents. The event helped parents learn about how to prepare their child for school, the benefits of regular school attendance, the importance of health and wellness and their partnership with Y Head Start. The conference was a success with over 500 parents attending.
- Parent conferences and home visits are held to discuss the child's development and learning progress throughout the school year. During home visits, parents have an opportunity to discuss and develop their child's learning goals, as well as review the progress of their family goals. Parents participated in three parent conferences held quarterly and two home visits. 100% of parents participated in parent conferences and 98% of parents participated in home visits.

- We give parents the opportunity to participate in the Policy Council, a committee which helps assess ongoing program performance and progress in achieving program school readiness goals and objectives. Many members of this council also sit on our Y Head Start and Y Early Head Start Advisory Committee.
- We conduct Family Strength Assessments to help develop a program of useful supports for children and families. Based on the results of the family strengths assessment, 82% of families in Baltimore City, 94% of families in Baltimore County and 97% of families in Anne Arundel County developed family goals and a family partnership agreement. 86% of families in Anne Arundel County, 74% in Baltimore City and 68% in Baltimore County demonstrated progress on family goals. 87% of families were aware of resources in their communities and knew how to access them. 75% of families received support services in the areas of family, health or education. The Net Promoter Score demonstrated that 83% of families believe they are in a better place because of Y Head Start.

Community Engagement

Community partners play a critical role in encouraging children to do their best. Consequently, we work closely with a number of community partners to continuously enhance our programming offerings to our Y Head Start families. Y Head Start had 171 volunteers from community agencies and partners. The overall total volunteer hours of parent and community volunteers was 25,411.

Y Head Start Community Advisory Committees are made up of representatives and key decision-makers from various local and state social support, workforce development, human services, health department, family well-being and support agencies. Members provide their expertise to inform program planning and policy. Community Advisory Committees are formed to focus on three different aspects of Y Head Start: Early Learning & School Readiness, Child Health & Well-Being and Family Well-Being & Support. Community Advisory Committees meet quarterly.

We sincerely thank and acknowledge the valuable contributions made by our partners.

- Baltimore County Public Schools
- Baltimore City Public Schools
- Judy Centers
- Maryland State Department of Education
- Maryland Therapy Network
- Baltimore County Infants & Toddlers
- Baltimore City Infants & Toddlers
- Campfield Early Learning Center/Judy Center
- Community College of Baltimore County (ESOL)
- LiteBrite, LLC
- Baltimore County Library (Read Rover)
- MYRGE, LLC
- Enoch Pratt Free Library
- Reading Foundation of Baltimore
- Kennedy Krieger High School
- Ready At Five - Violets Curriculum and PEEPS
- Raise a Reader
- Harry and Jeanette Weinberg Foundation
- Anne Arundel County Public Schools
- Anne Arundel County Community College
- Living Classrooms Foundation
- Anne Arundel County Health Department
- Giant Food
- Expanded Food and Nutrition Education Program (EFNEP) – University of Maryland Extension
- Adventure Dental
- MD Physicians Care
- Park West Health System
- Amerigroup
- Baltimore City Health Department
- John Hopkins ABC Asthma

Family

- Annie E. Casey Foundation
- The Family Tree
- PNC Bank
- MedStar Franklin Square Medical Center
- Barnes & Noble
- PricewaterhouseCoopers LLP
- Primary Ed Children’s Services, Foster Grandparents’ Program
- Center for Urban Families
- Goodwill Industries
- The Housing Authority of Baltimore City

Health

- Smiles Program
- United Healthcare
- Maryland Society for Sight
- Towson University (nursing dept.)







A snapshot of our capacity, demographics and services

Capacity and demographics	Baltimore County		Baltimore City	Anne Arundel County	
	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
Cumulative enrolled children	654	112	757	342	53
Cumulative enrolled Children with an IEP/IFSP	68	16	93	20	5
Children enrolled for multiple years	34.7%	50%	24.4%	12.3%	0%
Children and pregnant women (EHS) who left the program and did not re-enroll	12.7%	41.2%	12.8%	8.2%	41.8%
# Classrooms	23	6	39	12	home-based
# Centers	10	2	18	5	home-based
Y Early Head Start center-based children	N/A	43 center-based, 36 home-based	N/A	N/A	40 home-based
Paid associates	140		122	49	
% preschool classroom teachers that meet the degree/credential requirements of the Head Start Act (BA or higher).	76.2%	81.8%	97.7%	90%	100%
% of preschool classroom assistant teachers with a child development associate credential or higher.	70.6%	81.8%	100%	100%	100%
# EHS/HS Parent volunteers	440		478		127
# EHS/HS Community volunteers	20		45		30
#EHS/HS Father/male figures	92		107		19
EHS/HS Volunteer hours	4,045		15,503		857





PERFORMANCE INDICATORS DATA

Baltimore County

Baltimore City

Anne Arundel County

	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
Funded enrollment	574	78	686	316	40
Average Daily Attendance	87%	86%	86%	89%	84%
Total number of families served	615	94	659	318	47
Racial/ethnic compositions:					
Hispanic	16%	8%	3%	22%	34%
American Indian or Alaska Native	<1%	0%	0%	0%	0%
Asian	8.5%	4%	0%	1.5%	4%
Black or African American	65%	86%	100%	64%	85%
Native Hawaiian or Pacific Islander	<1%	0%	0%	<1%	0%
White	8.4%	9%	2%	10%	6%
Bi-racial	6%	12%	2%	4%	2%
Children with an IFSP or IEP	10.4%	14.3%	12.3%	5.8%	9.4%
Children, with IFSP or IEP that received special education or related services.	100%	100%	100%	100%	100%
Children completing professional dental exams	597	N/A	546	155	N/A
Of the preschool children needing dental treatment, the % of preschool children who received dental treatment.	72.5%	N/A	98.5%	33.3%	N/A
Children with up-to-date immunizations (at end of enrollment year)	100%	100%	100%	85.1%	73.6%
Children with health insurance (at end of enrollment year)	95.3%	100%	100%	80.7%	96.2%
Children with a medical home (at the end of the enrollment year)	95.4%	100%	100%	81.3%	98.1%
Children with a dental home (at the end of enrollment year)	95.7%	100%	100%	76.9%	66%
Children up-to-date on a schedule preventive and primary health care per the state's EPSDT schedule at the end of the enrollment year.	81.8%	100%	77.5%	66.7%	75.5%
During health screenings, children diagnosed with a chronic condition needing medical treatment, who received medical treatment.	100%	100%	100%	100%	100%

	Baltimore County		Baltimore City	Anne Arundel County	
	Y Head Start	Y Early Head Start	Y Head Start	Y Head Start	Y Early Head Start
% of children who received a 45 day assessment which screened social emotional, vision and hearing, height and weight, and child development.	100%	100%	100%	100%	100%
% of children receiving dental exams during enrollment		91.3%	72.1%		45.3%
% of families, of children identified as underweight or obese, developed an individualized nutrition or healthy living action plan with the Nutritionist and/or Registered Dietician.		50%	32%		30%
% of families who completed a Family Strengths Assessment	94%	78%	82%	95%	98%
% of families who demonstrated progress on Family Partnership Agreement goals.	68%	52%	74%	94%	77%
% of families who received at least one of the family services reported in the PIR	71.9%	59.6%	81%	34.9%	53.3%
Total number of children living in households below 100% of federal poverty line	598	92	558	287	47
Total number of families experiencing homelessness during the enrollment year	17	5	8	19	8
Total number of families experiencing homelessness that acquired housing during the enrollment year.	1	2	4	7	4
Families experiencing homelessness during the enrollment year that acquired housing during the enrollment year	17	5	20	19	8

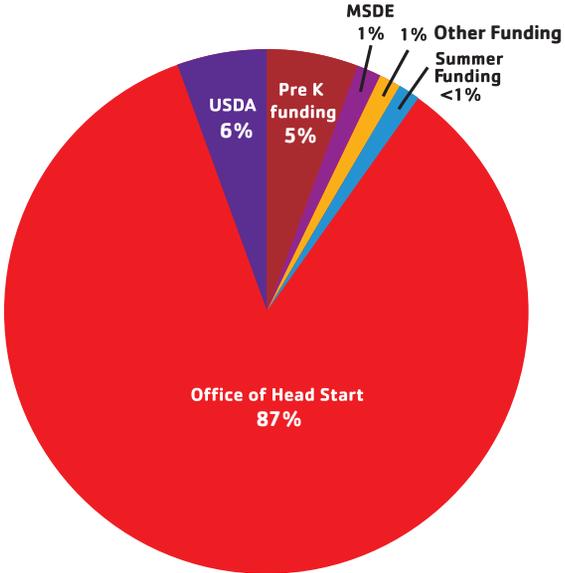


“My child is happier and smarter because of the Y.”

– Y Baltimore City Head Start Parent

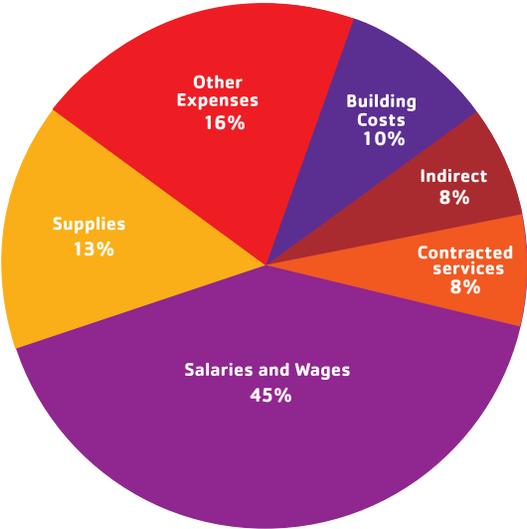
Financials

Y Head Start / Y Early Head Start Income



Office of Head Start	\$16,880,956
USDA	\$1,073,272
Pre K funding	\$935,177
MSDE	\$234,431
Summer funding	\$88,195
Other funding	\$158,027
Total	\$19,370,058

Y Head Start / Y Early Head Start Expenditures

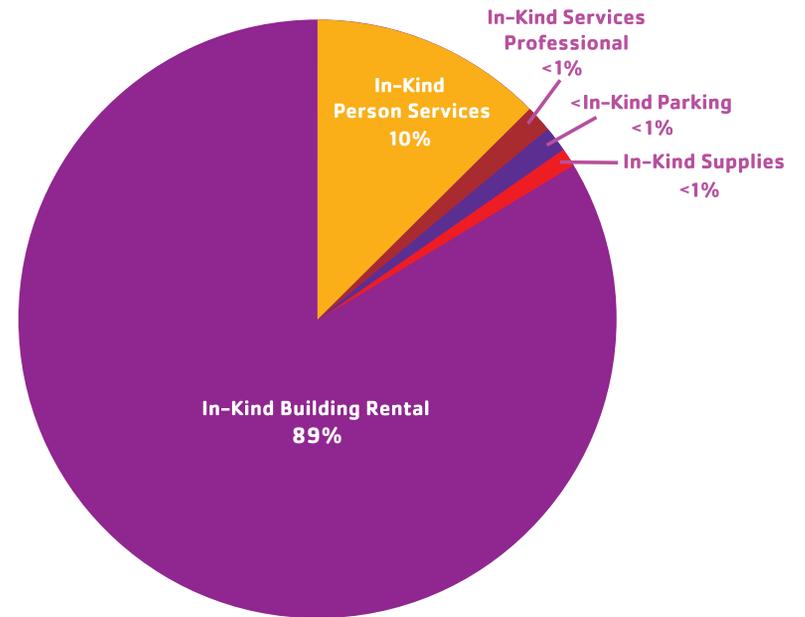


Salaries and wages	\$8,709,441
Supplies	\$2,598,674
Other	\$3,100,866
Indirect	\$1,529,476
Building costs	\$1,975,752
Contracted services.....	\$1,455,849
Total	\$19,370,058



Y Head Start / Y Early Head Start In-Kind Donations

In-kind building rental	\$4,097,741
In-kind person services	\$451,920
In-kind services - professional	\$14,273
In-kind parking	\$29,930
In-kind supplies	\$8,266
Total	\$4,602,130







Y Head Start Offices

Anne Arundel County

26 Magothy Beach Road,
Pasadena, MD 21122
Ameka Smith, Regional Director

Baltimore County

4375 Ebenezer Road
Perry Hall, MD 21236
Debra Barrett, Regional Director

Baltimore City

1609 Druid Hill Avenue
Baltimore, MD 21217
Amy Taylor, Regional Director